

「校際傑出學術論文授權暨發表會」

論文摘要表

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論文名稱	國中生課業壓力、自我概念、學業復原力與學業成就之關係
英文論文名稱	Relationships among academic stress, self-concept, academic resilience and academic achievement of junior high school students.
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學年度	99
語文別	中文
中文關鍵詞	課業壓力、自我概念、學業復原力、學業成就

外文關鍵詞

academic stress、self-concept、academic resilience、academic achievement

中文摘要

本研究旨在探討國中生課業壓力、自我概念、學業復原力與學業成就之情況研究目的為(一)瞭解國中學生在不同背景變項下課業壓力的差異情形(二)瞭解國中學生在不同背景變項下自我概念的差異情形(三)瞭解國中學生在不同背景變項下學業復原力的差異情形(四)瞭解國中學生課業壓力、自我概念、學業復原力與學業成就之間的關係(五)根據研究結果，提供國中學生學習與輔導之參考。

本研究之發現如下：

- 一、北、中、南地區國中學生的課業壓力，在數學科方面，性別、年級無顯著差異。而在學業成就上具有顯著差異。
- 二、北、中、南地區國中學生的自我概念，在數學科方面，性別、年級無顯著差異。而在學業成就上具有顯著差異。
- 三、北、中、南地區國中學生的學業復原力，在數學科方面，性別、年級無顯著差異。而在學業成就上具有顯著差異。
- 四、北、中、南地區國中學生在學業復原力上會對個體自我概念、學業成就產生中介效果。

本研究根據研究結果進行討論，並提出教師教學、學生學習及研究上之建議。

英文摘要

This study wants to probe the inter-relations between academic stress, self-concepts, academic resilience, and academic achievements of junior high school students. The aims of this study are as follows:

1. Understanding the differences of academic stress of junior high school students under various background variables.
2. Understanding the differences of self-concepts of junior high school students under various background variables.
3. Understanding the differences of academic resilience of junior high

school students under various background variables.

4. Understanding the inter-relations between academic stress, self-concepts, academic resilience, and the academic achievements.
5. To provide the study results for references for junior high school students in learning and for teachers in counseling students.

The finding of this study are as follows:

1. No obvious differences of academic stress in math are found in junior high school students from the northern, middle, and southern parts of Taiwan, no matter in both genders and different grades. Though there is difference in academic achievements.
2. No obvious differences of self-concept in math are found in junior high school students from the northern, middle, and southern parts of Taiwan, no matter in both genders and different grades. Though there is difference in academic achievements.
3. No obvious differences of academic resilience in math are found in junior high school students from the northern, middle, and southern parts of Taiwan, no matter in both genders and different grades. Though there is difference in academic achievements.
4. The academic resilience intermediates between self-concepts and academic achievements in junior high school students from the northern, middle, and southern parts of Taiwan.